

Positive Alternatives 2016 - 17 Quarterly Update

Grantee (Name and city): Health Resources LifeCare Center, Fergus Falls

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Goal: Education (Earn While You Learn), Prenatal Care Program, Fertility Care, Prenatal Vitamins & Ultrasound Services

For the period/quarter: Quarter 5, July 1 2017 to September 30 2017

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Recruit and train new volunteers Support current volunteers Train TFL educators on updated/expanded program/materials Oversees prenatal vitamin program Establish and make relationships stronger with community agencies – making them aware of our prenatal vitamin program Keep Nurse Manager CPR certificate up to date and offer infant CPR to clients.		This quarter we met with the Chamber of Commerce to discuss outreach and our advertisements in the Chamber newsletters. Additionally, meetings and introductions were made at the Work Force Center in Fergus Falls. Volunteers were supported via communication with staff and on site training. Nurse Family Partnership meeting was held with our Nurse Manager to discuss continued support of each resource.	

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Outreach	Purchase promotional material, advertising, educational material Expand EDUCATION Program (English & Spanish) Establish and make relationships stronger with community agencies Promote Ultrasound Programs and Advertise ultrasound services Partner with other community programs to increase the number of ultrasounds		Our Nurse Manager recently met with a Nurse from Nurse Family Partnerships. Additionally, our Client Services Manager met with Lake Region Recovery Homes to discuss our services and how we can support their client base with education.	
Car Seat Program	Enroll Client in EWYL program Educate clients on car seat safety Provide car seat safety/education when car seat is distributed to client	1	1 client received education on car seat safety.	1
Crib Distribution/ Sleep Safety Education	Enroll Client in Education program Provide Sleep Safety Education when crib is distributed to client Coordinate with Cradle of Hope to provide Pack N Plays to clients after fulfilling requirements for each program.	12/yr	3 clients received education on Safe Sleep and a Pack N Play was distributed to them through the Cradle of Hope program. 1 client received education on safe sleep alone. Cradle of Hope provides 3 Pack N Plays per month as needed for client distribution. Eligible clients are guided through the application process during one of their appointments.	4
Interpreter Services	Provide translation for clients	9/yr	The interpreter is increasing hours at the Fergus Falls location as well as in Pelican Rapids to better meet the needs our clients that require interpreter services. No clients under the PA Grant requirements were met with this quarter. We see this number growing in the coming months.	0

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Life Coaching Education Program	Assist clients in accessing needed services Meet with clients: Enroll clients in EWYL program Meet individually with clients to complete lessons on Life Skills Education and related assignments Assess client needs	15	3 clients have been seen for Life Coaching this quarter. 2 of the clients are alternating between Life Coaching and Education.	3
Material Support	Assist clients in accessing necessary material resources to assist them in pregnancy and necessary materials to care for baby after birth.	30	12 clients received material support totaling 54 items. These all were received in house from the HRC store using points earned from education classes. Items received were clothing, diapers, diaper bag, lotion and washcloths.	54
Nutrition	Offer each pregnant/nursing clients a voucher for prenatal vitamins	25	21 clients were offered prenatal vitamins. 13 scripts were filled.	13
Parenting Education	Assist clients in accessing needed services Meet with clients: Enroll clients in EWYL program Meet individually with clients to complete lessons on healthy parenting Assess client needs	60/yr	92 lessons or concepts on parenting were provided this quarter. These lessons included Reducing the Risk of SIDS, Child Abuse and Neglect, Benefits of Breastfeeding and Developmental Milestones.	92
Pregnancy Education	Assist clients in accessing needed services Meet with clients: Enroll clients in EWYL program Meet individually with clients to complete lessons on healthy parenting	25	79 connections were made to assist clients in the area of pregnancy education. This included, testing, health assessments, and formal education on fetal development. Examples of videos provided were Childbirth Prep, Your Developing Baby, Post Partum Depression and Prenatal Care.	79

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	<p>Assess client needs</p> <p>Enroll clients in CMFCS program.</p> <p>Train clients (women and/or couples) in the practices and procedures of CMFCS.</p> <p>Evaluate and diagnose any underlying reproductive problems.</p> <p>Provide real solutions to real problems such as infertility, PMS, ovarian cysts, repetitive miscarriage, postpartum depression, hormonal abnormalities, chronic discharges and other problems.</p>	10/yr	<p>Creighton Model services were provided but not to clients who fall under the PA Grant requirement of women who are pregnant or have a child under 1 year. The Fertility Care Practitioner has now completed her training and is a certified Fertility Care Practitioner (FCP).</p>	0
Provide Necessary Services to all clients	<p>Provide intake assessment to determine need.</p> <p>Provide women with information on, referral to and assistance with securing pregnancy support services.</p> <p>Utilize resource database to provide information and make referrals</p>		<p>All clients upon initial intake are provided an assessment to determine need. Women are provided information on and referrals to pregnancy support services such as WIC, routine prenatal care and Nurse Family Partnership.</p>	
Transportation	<p>Enroll clients in EWYL program</p> <p>Offer each actively enrolled EWYL clients transportation to EWYL classes (Bus/Taxi/Gas)</p>	8/yr.	<p>8 transportation supports were given to 3 clients this quarter based on the need of the client to attend appointment at Health Resources. 2 clients were offered Otter Express vouchers.</p>	8

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Ultrasound	Perform limited diagnostic scans on clients in the first trimester of pregnancy Educate clients on fetal development, nutrition & smoking/chemical abuse	50/yr	27 first trimester ultrasound scans were provided at HRC FF and DL. During these scans, the Nurse/Sonographer provided the client with information regarding nutrition, fetal development and the effects of smoking/chemical abuse on the unborn fetus.	27

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	0
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	1
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	3
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	4
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	3
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	1

Challenges:

Comments: Interpreter services are increasing at the Fergus Falls location and traveling to Pelican Rapids MN. These services are vital to our area as non-English speaking community members continues to grow.